



Professional Caregiver Focal Point of Western Michigan
Resources and Caregiver Tools to use in your everyday work with caregivers

January 2010 – Welcome to the New Year! This month’s edition provides information on useful new professional and caregiver resources.



A useful new caregiver video and resource guide is currently featured on the Ask Medicare web page. The video tells one family’s story, and highlights programs and resources that benefit and enhance a caregiver’s well-being, as well as provides links to national services available for caregivers and care recipients. Links to this informative video and resource guide are available at the bottom of the following web page: www.medicare.gov/caregivers



On Tuesday, December 8, the National Alliance for Caregiving in collaboration with AARP and funded by the MetLife Foundation released the 2009 National Caregiver Survey. This survey, entitled *Caregiving in the U.S.*, is the most comprehensive examination to date of caregiving in America resulting from interviews with 1,480 caregivers chosen at random. Access to the National Caregiver Survey is available at: <http://www.caregiving.org/>



The H.E.L.P. website features a variety of fact sheets and resources designed to help people meet aging-related legal and care challenges. This user-friendly website is available at: <http://www.help4srs.org/>

Please forward any interesting web address, resource, educational tool, book, event or conference information to Mike Faber (mfaber@grcc.edu) by the 1st of each month.